

# **Ginette C. Blackhart**

## **Curriculum Vitae**

### **EDUCATION**

#### **Florida State University, Tallahassee, FL**

***Ph.D. in Social Psychology***, August 2006.

*Dissertation Title*: “Neuroendocrine and Affective Responses to Social Rejection and Acceptance by Peers”

*Dissertation Adviser*: Dianne M. Tice, Ph.D.

#### **Florida State University, Tallahassee, FL**

***Master of Science in Clinical Psychology***, April 2001.

*Thesis Title*: “Affective responses to EEG preparation and their link to resting EEG asymmetry”

*Thesis Adviser*: John P. Kline, Ph.D.

#### **Eastern Washington University, Cheney, WA**

***Bachelor of Arts degree in Psychology with a minor in Liberal Arts***, June 1999. Graduated with Full University Honors, Summa Cum Laude.

### **ACADEMIC AWARDS AND HONORS**

Major Research Grant, Research Development Committee (RCD) Grants for Faculty, East Tennessee State University, 2007 – 2008, \$8,973.00.

NIH (NIMH) Ruth L. Kirchstein National Research Service Award Individual Predoctoral Fellowship, 2005 – 2006.

### **PROFESSIONAL POSITIONS**

**Assistant Professor of Psychology**, Department of Psychology, East Tennessee State University, August 2006 – August 2012.

**Associate Professor of Psychology**, Department of Psychology, East Tennessee State University, August 2012 – present.

**Assistant Chair**, Department of Psychology, East Tennessee State University, February 2009 – present.

### **GRANT ACTIVITY**

Submitted application (January 15, 2012) to the Social Psychology program of the National Science Foundation entitled “Mechanisms causing self-regulatory depletion for socially anxious individuals.”

Submitted application (October 25, 2010) for an R15 NIH Academic Research Enhancement Award (AREA) to the National Institute for Child Health and Human Development (NICHD). Application entitled “Child-by-environment model of psychobiological reactivity to social threat in adolescents.”

## PUBLISHED ARTICLES IN PEER-REVIEWED JOURNALS

\*Indicates graduate student co-author; †indicates undergraduate student co-author.

**Blackhart, G. C.**, Fitzpatrick, J.†, & Williamson, J.\* (in press). Dispositional factors predicting use of online dating sites and behaviors related to online dating. *Computers in Human Behavior*.

Edlund, J. E., Nichols, A. L., Okdie, B. M., Guadagno, R. E., Eno, C. A., Heider, J. D., Hansen, E., Sagarin, B. J., **Blackhart, G.**, Cottrell, C. A., & Wilcox, K. T. (in press). The prevalence and prevention of crosstalk: A multi-institutional study. *The Journal of Social Psychology*.

Seehusen, J., Cordaro, F., Wildschut, T., Sedikides, C., Routledge, C., **Blackhart, G. C.**, Epstude, K., & Vingerhoets, A. J. J. M. (2013). Individual differences in nostalgia proneness: The integrating role of the need to belong. *Personality and Individual Differences*, 55, 904-908.

**Blackhart, G. C.**, Brown, K. E.†, Clark, T.†, Pierce, D. L.†, & Shell, K.†. (2012). Assessing the adequacy of post-experimental inquiries in deception research and factors that promote participant honesty. *Behavior Research Methods*, 44, 24-40.

**Blackhart, G. C.**, Nelson, B. C.\*, Winter, A.†, Rockney, A.† (2011). Self-control in relation to feelings of belonging and acceptance. *Self and Identity*, 10, 152-165.

**Blackhart, G. C.**, Knowles, M. L., Nelson, B. C.\*, & Baumeister, R. F. (2009). Rejection elicits emotional reactions but neither causes immediate distress nor lowers self-esteem: A meta-analytic review of 192 studies on social exclusion. *Personality and Social Psychology Review*, 13, 269-309.

**Blackhart, G. C.**, Eckel, L. A., & Tice, D. M. (2007). Salivary cortisol in response to acute social rejection and acceptance by peers. *Biological Psychology*, 75, 267-276.

Kline, J. P., **Blackhart, G. C.**, & Williams, W. C. (2007). Anterior EEG asymmetries and opponent process theory. *International Journal of Psychophysiology*, 63, 302-307.

**Blackhart, G. C.**, Minnix, J. A., & Kline, J. P. (2006). Can anterior EEG asymmetry patterns predict future development of anxiety and depression? A preliminary study. *Biological Psychology*, 72, 46-50.

**Blackhart, G. C.**, Peruche, B. M., DeWall, C. N., & Joiner, T. E. (2006). Factors influencing teaching evaluations in higher education. *Teaching of Psychology*, 33, 37-39.

**Blackhart, G. C.**, & Kline, J. P. (2005). Individual differences in anterior EEG asymmetry between high and low defensive individuals during a rumination/distraction task. *Personality and Individual Differences*, 39, 427-437.

Minnix, J. A., Kline, J. P., **Blackhart, G. C.**, Pettit, J. W., Perez, M., & Joiner, T. E.

(2004). Relative left frontal activity is associated with increased depression in high reassurance-seekers. *Biological Psychology*, 67, 145-155.

**Blackhart, G. C.**, Kline, J. P., Donohue, K., LaRowe, S. D., & Joiner, T. E. (2002). Affective responses to EEG preparation and their link to resting anterior EEG asymmetry. *Personality and Individual Differences*, 32, 167-174.

Kline, J. P., **Blackhart, G. C.**, & Joiner, T. E. (2002). Sex, lie scales, and electrode caps: An interpersonal context for defensiveness and anterior electroencephalographic asymmetry. *Personality and Individual Differences*, 33, 459-478.

Kline, J. P., **Blackhart, G. C.**, Woodward, K. M., Williams, S. R., & Schwartz, G. E. R. (2000). Anterior electroencephalographic asymmetry changes in elderly women in response to a pleasant and an unpleasant odor. *Biological Psychology*, 52, 241-250.

Kline, J. P., **Blackhart, G. C.**, & Schwartz, G. E. R. (1999). Gender specificity of resting anterior electroencephalographic asymmetry and defensiveness in the elderly. *Journal of Gender Specific Medicine*, 2, 35-39.

#### **PUBLISHED BOOK CHAPTERS**

Baumeister, B. F., & **Blackhart, G. C.** (2007). Three perspectives on gender differences in adolescent sexual development. In R. C. M. E. Engels, M. Kerr, & H. Stattin (Eds.), *Friends, lovers, and groups: Key relationships in adolescence* (pp. 93-104). New York: Wiley.

**Blackhart, G. C.**, Baumeister, R. F., & Twenge, J. M. (2006). Rejection's impact on self-defeating, prosocial, antisocial, and self-regulatory behaviors. In K. D. Vohs & E. J. Finkel (Eds.), *Self and relationships: Connecting interpersonal and intrapersonal processes* (pp. 237-253). New York: Guilford.

**Blackhart, G. C.**, & Stanley, S. (2004). Generalized anxiety disorder and panic disorder. In K. A. Driscoll, K. C. Cukrowicz, M. Lyons Reardon, & T. E. Joiner, Jr. (Eds.), *Simple treatments for complex problems: A flexible cognitive behavior analysis system approach to psychotherapy* (pp. 101-115). Mahwah, NJ: Lawrence Erlbaum Associates.

White, B. A., Cukrowicz, K. C., & **Blackhart, G. C.** (2004). Social anxiety disorder and avoidant personality disorder. In K. A. Driscoll, K. C. Cukrowicz, M. Lyons Reardon, & T. E. Joiner, Jr. (Eds.), *Simple treatments for complex problems: A flexible cognitive behavior analysis system approach to psychotherapy* (pp. 81-99). Mahwah, NJ: Lawrence Erlbaum Associates.

Kline, J. P., LaRowe, S. D., Donohue, K. F., Minnix, & **Blackhart, G. C.** (2003). Adult experimental psychology. In M. C. Roberts & S. S. Ilardi (Eds.), *Handbook of research methods in clinical psychology* (pp. 234-261). Malden, MA: Blackwell Publishers.

#### **MANUSCRIPTS UNDER REVIEW OR IN PREPARATION**

\*Indicates graduate student co-author; † indicates undergraduate student co-author.

- Williamson, J.\*, **Blackhart, G. C.**, & Fitzpatrick, J. † (2014). Mindfulness, self-compassion, and depression: A meta-analytic review. Manuscript submitted for publication.
- Williamson, J.\*, Dandy, C.†, & **Blackhart, G. C.** (2014). The impact of self-compassion on the recollection of self-conscious emotion-eliciting events. Manuscript submitted for publication.
- Webb, J. R., & **Blackhart, G. C.** (2014). Self-control as a mediator of the relationship between forgiveness and social well-being. Manuscript submitted for publication.
- Williamson, J. R., **Blackhart, G. C.**, & Fields, S. K. (2014). Self-compassion, self-forgiveness, rumination, and coping with trauma: An online study examining individuals with traumatic experiences. Manuscript submitted for publication.
- Nelson, L. A.\*, & **Blackhart, G. C.** (2014). A review of how social influences deplete and improve self-control. Manuscript submitted for publication.
- Blackhart, G. C.**, Ainsworth, S. E., Crowell, A., & Schmeichel, B. J. (2014). The not-so-ironic effect of trait self-control on self-control depletion. Manuscript in preparation.
- Nelson, L. A.\*, **Blackhart, G. C.**, Hawkes, C. L.†, Jackson, H. M.†, Goodman, E.†, & Lowe, A. B.† (2014). Investigating how relational closeness impacts reactions to rejection and acceptance. Manuscript in preparation.
- Williamson, J.\*, & **Blackhart, G. C.** (2014). The association between self-compassion and self-forgiveness. Manuscript in preparation.
- Williamson, J.\*, Clark, T. D.†, & **Blackhart, G. C.** (2014). The relationship between self-compassion, self-control, and physical health. Manuscript in preparation.

## RECENT CONFERENCE PRESENTATIONS

- Nelson, L. A., & **Blackhart, G. C.** (2014). The role of social anxiety in self-control depletion. Poster presented at the 15<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Blackhart, G. C.**, Ainsworth, S. E., & Liu, X. (2014). The role of trait self-control in overriding dominant behavior. Poster presented at the 15<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Boggs, A., Tan, Y., Cleek, M., Williamson, W., & **Blackhart, G.** (2013). Individuals higher in trait self-control show less self-control depletion than those lower in trait self-control. Poster presented at the 35<sup>th</sup> annual meeting of the Society of Southeastern Social Psychologists, Augusta, GA.
- Hall, J., Dew, M., Adams, P., Nelson, L., & **Blackhart, G.** (2013). A model of self-control depletion in socially anxious individuals following a social interaction. Poster presented at the 35<sup>th</sup> annual meeting of the Society of Southeastern Social Psychologists, Augusta, GA.

- Brown, K. E., Dandy, C., & **Blackhart, G. C.** (2013). An examination of fear of positive and negative evaluation as potential mediators between social anxiety and self-control. Poster presented at the 14<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Nelson, L. A., Jackson, H. M., Rasnick, S. L., & **Blackhart, G. C.** (2013). It's not what you might expect: A stranger's rejection may hurt more than that of a close other. Poster presented at the 14<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Bigelow, C. L., Nelson, L. A., Jackson, H. M., Rasnick, S., & **Blackhart, G. C.** (2012). Effects of social rejection received by either a stranger or close other. Poster presented at the 34<sup>th</sup> annual meeting of the Society of Southeastern Social Psychologists, Gainesville, FL.
- Dandy, C., Chance, L., & **Blackhart, G. C.** (2012). The impact of self-compassion on the recollection of self-conscious emotion-eliciting events. Poster presented at the 34<sup>th</sup> annual meeting of the Society of Southeastern Social Psychologists, Gainesville, FL.
- Williamson, J., & **Blackhart, G. C.** (2012). Self-compassion and coping with trauma: An online study examining attitudes toward the self in individuals with traumatic experiences. Talk given at the 34<sup>th</sup> annual meeting of the Society of Southeastern Social Psychologists, Gainesville, FL.
- Fitzpatrick, J., Vella, S., Brown, K. E., Williamson, J., & **Blackhart, G. C.** (2012). How long does the ego-depletion effect persist? Poster presented at the 13<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Clark, T., & **Blackhart, G. C.** (2012). Assessing the adequacy of manipulation checks in deception research: Revised follow-up. Poster presented at the 13<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Blackhart, G. C.** (2012). Online mastery quizzes: Helpful or detrimental to student exam performance? Poster presented at the 34<sup>th</sup> annual meeting of the National Institute on the Teaching of Psychology, St. Petersburg Beach, FL.
- Blackhart, G. C.** (chair) (2011). Deception, demand characteristics, and crosstalk: New research addressing not-so-new problems. Participants: G. C. Blackhart & R. E. Guadagno. Symposium presented at the 33<sup>rd</sup> annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Blackhart, G. C.**, Brown, K. E., Clark, T., Pierce, D., & Shell, K. (2011). Assessing the adequacy of post-experimental inquiries in deception research and factors that promote participant honesty. Talk given at the 33<sup>rd</sup> annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Blackhart, G. C.**, Clark, T., Watkins, C., & Williamson, J. (2011). The influence of self-compassion on self-control abilities. Talk given at the 33<sup>rd</sup> annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.

- Fitzpatrick, J., & **Blackhart, G. C.** (2011). Dispositional factors predicting usage of and behavior on online dating sites. Poster presented at the 33<sup>rd</sup> annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Williamson, J., & **Blackhart, G. C.** (2011). The effects of self-esteem boosts and threats on self-control ability following ego-depletion. Poster presented at the 33<sup>rd</sup> annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Lowe, A., & **Blackhart, G. C.** (2011). Looking back: Acceptance vs. rejection in varying social relationships. Poster presented at the 33<sup>rd</sup> annual meeting of the Society of Southeastern Social Psychologists, Johnson City, TN.
- Brown, K. E., Maxwell, J., & **Blackhart, G. C.** (2011). The effects of social evaluation on the sustainability of self-regulatory resources. Poster presented at the 12<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Brown, K. E., **Blackhart, G. C.**, Pierce, D. L., & Shell, K. (2011). Assessing the adequacy of post-experimental inquiries in deception research and factors that promote participant honesty. Poster presented at the 12<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Watkins, C., Williamson, J. R., & **Blackhart, G. C.** (2011). The impact of induced self-compassion on self-control ability. Poster presented at the 12<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Williamson, J. R., Maxwell, M., & **Blackhart, G. C.** (2011). The relationship between perceived acceptance and locus of control and a young adult sample. Poster presented at the 12<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Hawkes, C., & **Blackhart, G. C.** (2010). Imagine that! Social acceptance or rejection in varying relationships. Poster presented at the 32<sup>nd</sup> annual meeting of the Society of Southeastern Social Psychologists, Charleston, SC.
- Clark, T., & **Blackhart, G. C.** (2010). The relationship between self-compassion, self-control, and health. Poster presented at the 32<sup>nd</sup> annual meeting of the Society of Southeastern Social Psychologists, Charleston, SC.
- Goodman, E., Hawkes, C., & **Blackhart, G. C.** (2010). Effects of social rejection and acceptance among varying social relationships. Poster presented at the 2010 annual meeting of the Southeastern Psychological Association, Chattanooga, TN.
- Roark, K., Pierce, D. L., Brown, K. E., & **Blackhart, G. C.** (2009). The adequacy of manipulation checks following deception: Preliminary data. Poster presented at the 32<sup>nd</sup> annual meeting of the Society of Southeastern Social Psychologists, Fort Myers, FL.
- Nelson, B. C., Winter, A., Rockney, A., & **Blackhart, G. C.** (2009). Self-control in relation to feelings of belonging and acceptance. Poster presented at the 10<sup>th</sup> annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

**Blackhart, G. C.** (2008). Salivary cortisol responses to social rejection and acceptance by peers. Talk given at the 31<sup>st</sup> annual meeting of the Society of Southeastern Social Psychologists, Greenville, SC.

## **TEACHING EXPERIENCE**

### **East Tennessee State University, Department of Psychology.**

**Courses taught:** Social Psychology, Design and Analysis I and II, Principles of Psychological Research, Introduction to Psychology, Graduate Research Methods in Psychology, Topical Graduate Seminar in Social Psychology (The Self in Relationships; The Self), Teaching Practicum in Psychology, Psychology in Literature and Film.

**Advisor and Mentor for Masters and Doctoral Graduate Students.**

**Advisor for Undergraduate Honors Theses and McNair Scholar Research Projects.**

**Advisor and Mentor for Undergraduate Research Assistants.** Currently train, advise, and mentor several undergraduate research assistants in my laboratory on various research projects, teaching them skills that enable them to manage, conduct, and maintain IRB approved research protocols.

**Advising Undergraduate Students.** Advise undergraduate psychology majors and minors on program, major, and university requirements and on applying for and getting into graduate programs within psychology.

### **Florida State University, Graduate Teaching Assistant (Instructor), Department of Psychology**

**Courses taught:** Social Psychology, Research Methods in Psychology / Approaches to the Study of Behavior (also supervised lab instructors and developed materials and assignments used by those instructors in the labs corresponding to course), Introduction to General Psychology, Approaches to the Study of Behavior Lab.

**Advisor and Mentor for Undergraduate Research Assistants.** Trained, supervised, and mentored several undergraduate research assistants on various research projects, 1999 – 2006. Taught research assistants skills that enabled them to manage, conduct, and maintain IRB approved research protocols.

## **PROFESSIONAL DEVELOPMENT ACTIVITIES**

**Attendance at Psychology Teaching Conferences** in order to continually improve my teaching skills. I recently attended the 34<sup>th</sup> annual meeting of the National Institute on the Teaching of Psychology in 2012, the Teaching Preconference at the 13<sup>th</sup> annual meeting of the Society for Personality and Social Psychology in 2012, and accompanied ten of our graduate students in the Experimental Psychology PhD program at ETSU to the Eastern Teaching of Psychology conference in June 2013.

**Faculty Research Grant Development,** East Tennessee State University, fall 2007 – spring 2008. Two-semester course designed to assist faculty members in developing, writing, and

submitting grant proposals to funding agencies (e.g., NIH, NSF) for external funding, this year focusing on the social sciences.

**Course Redesign in Higher Education and Faculty Technology Leadership**, East Tennessee State University, fall 2007 – spring 2008. Two-semester course designed to assist faculty members from various departments and programs in redesigning introductory level courses that currently have high failure rates at East Tennessee State University in order to increase student learning and retention and decrease failure rates in those courses. The course focused on teaching techniques and technological tools that may improve these introductory courses and accomplish the above goals.

## **SERVICE ACTIVITIES**

Department of Psychology Service, East Tennessee State University

Chair's Advisory Council, Dept. of Psychology, ETSU, 2011 – present.

Experimental Training Committee, Dept. of Psychology, ETSU, 2011 – present.

Chair, Design & Analysis Committee, Dept. of Psychology, ETSU, 2012 – present.

Psychological Literacy Committee, Dept. of Psychology, ETSU, 2012 – present.

Behavioral Neuroscience Faculty Search Committee, ETSU, 2011 – 2012.

Chair, James S. Perry Award Committee (Chair), Dept. of Psychology, ETSU, 2011, 2012, 2013.

Faculty Evaluation Rubric Committee, Dept. of Psychology, ETSU, 2011 – 2012.

Experimental Psychology Ph.D. Program Development Committee, ETSU, 2006 – 2011.

Quantitative Psychology Faculty Search Committee, ETSU, 2010 – 2011.

Broad and General Curriculum for Clinical Psychology Ph.D. Committee, ETSU, 2010 – 2011.

Course Redesign, Introduction to Psychology, ETSU, 2007 – present. Responsible for planning and implementation of redesigned course. Oversaw implementation of pilot sections fall 2008 – spring 2010.

Department of Psychology Advising Task Force, ETSU, 2008 – 2009.

Chair, Hayward Fund Allocation Committee, Dept. of Psychology, ETSU, Fall 2008.

Chair, Introduction to Psychology textbook selection committee, ETSU, Spring 2008.

Cognitive Psychology Faculty Search Committee, ETSU, 2006 – 2007, 2007 – 2008.

Research Participation Requirement Development Committee for Introduction to Psychology, ETSU, 2006 – 2007.

College of Arts and Sciences Service, East Tennessee State University

Educational Affairs Committee, College of Arts and Sciences, ETSU, 2007 –2009.

Basler Chair Committee, College of Arts & Sciences, ETSU, 2010 – present.

University Service, East Tennessee State University

Advisory Committee on Undergraduate Degree Completion Systems and Advisement Committee, ETSU, 2013 – present.

General Education Advisory Council, ETSU, 2012 – present.

School of Graduate Studies Student Research Grant Committee, ETSU, 2013.

Outstanding Dissertation Award Committee, ETSU, 2012.

Oral presentation judge for Appalachian Student Research Forum, ETSU, Spring 2012.

Poster judge for Appalachian Student Research Forum, ETSU, Spring 2011.

Excellence in Teaching Award for Teaching Assistants and Associates Committee, ETSU, 2010.

Outstanding Thesis in Education and Social Sciences Committee, ETSU, 2009.

Tennessee Board of Regents Service

Academic Auditor for the Middle Tennessee State University Psychology Program Site Visit, March 2013.

Professional Service

External Referee, National Science Foundation (NSF), 2012

Site Coordinator for the 33<sup>rd</sup> annual meeting of the Society of Southeastern Social Psychologists, November 4-5, 2011, in Johnson City, TN.

Served on the Program Committee for the 31<sup>st</sup> annual meeting of the Society of Southeastern Social Psychologists that took place November 13<sup>th</sup> and 14<sup>th</sup>, 2009, in Fort Myers, FL.

External Referee, The Netherlands Organisation for Scientific Research (NOW) Council for Social Sciences, 2009

Ad Hoc Reviewer, *Journal of Personality and Social Psychology*, *Journal of Experimental Social Psychology*, *Personality and Social Psychology Review*, *British Journal of Social*

*Psychology, European Journal of Social Psychology, Social Psychology and Personality Science, Group Processes and Intergroup Relations, Personality and Individual Differences, Self and Identity, Evolution and Human Behavior, Cognition and Emotion, Journal of Psychophysiology, Psychological Assessment, Journal of Experimental Child Psychology, Aggressive Behavior, IRB Ethics and Human Research.*

## **PROFESSIONAL MEMBERSHIPS**

Society for Personality and Social Psychology  
Society of Southeastern Social Psychologists  
Association for Psychological Science  
Society for the Teaching of Psychology